

PASSWORD PROTECTION *Tips & Tricks*

CREATING **STRONG** PASSWORDS

USE

3+ words
UPPER &
lower case letters



AVOID

Common or Obvious Passwords



How to

REMEMBER **COMPLEX** PASSWORDS

- 1** THINK OF A MEMORABLE PHRASE OR SONG LYRIC:
"Jack and Jill went up the hill"
"I've had the time of my life"
- 2** USE INITIALS FROM EACH WORD OR COMBINE WORDS:
"JaJwuth"
"Ivehadthetimeofmylife"
- 3** REPLACE SOME WORDS WITH NUMBERS, ADD SOME SPECIAL CHARACTERS,
USE UPPER AND LOWER CASE LETTERS AND VOILA! A STRONG AND MEMORABLE PASSWORD!



Ivehadthetimeofmylife#Swayze.4eva!
J&Jwuth\$\$

More Handy Tips!

Use different passwords for different sites.

Don't use home passwords at work.

Never auto-save passwords for sites that contain sensitive information (webmail, PowerSchool, etc.).

Visit the "How To" section of <http://it.avrce.ca> for videos on creating passwords.



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